

All That Kids Can Be



United Way
Central & Northern
Vancouver Island

Having a Consistent Role Model in Rebecca's Life Makes All the Difference

When Rebecca* entered a mentoring program at age seven, she was struggling in school, didn't have many friends, and was fighting at home with her siblings. Her family had moved several times. Rebecca's self-confidence was low and as one of five children in a single parent home, she did not have the opportunity for much positive one-to-one time with her Mom.

Rebecca has more friends and gets along better with her siblings since she was matched with her mentor.

Rebecca was matched with a volunteer mentor, Beth*. They spent time together every week for three years. Rebecca's Mom said the program made a world of difference to her daughter.

"It was huge for Rebecca's life and so meaningful for her. As a result of spending time with Beth, Rebecca is way more invested in school and behaves better because Beth has encouraged her to do well and was her cheerleader along the way. There's a lot that I can't do with five kids, and she helped her so much."

Rebecca has more friends and gets along better with her siblings since she was matched with her mentor. "She gets along better with others because of Beth's role modelling of what a good friendship can be and feel like," said her Mom.

Rebecca's self-confidence has increased greatly since she joining the mentorship program. Her Mom says, "She's more positive and assured. Beth taught her a lot of things that she was able

to do well, like cooking, so she felt really good about herself. She's so confident now. Beth was amazing for Rebecca. She grew so much with her in her life."

Rebecca said this about her mentor: "She always tells me how I'm so smart at math and games and now I know I'm smart. My favourite things we did were playing games and cooking new recipes together. My favourite food is Manicotti. I know how to make it from scratch."



Your donations have helped Rebecca and 166 other kids this year who are in need of a consistent, adult role model in their life. Your donations allow children to participate in these programs to help them build confidence, have someone to talk to and offer support.

To read more stories about people you have helped, visit uwcncvi.ca.

**Names have been changed.*