

For Immediate Release



United Way
Central and Northern
Vancouver Island

Donate to United Way for Chance to Win Stay & Spa at The Old House Village in Courtenay

Nanaimo, BC – October 17, 2014 – Donate \$50 or more to United Way Central and Northern Vancouver Island (UWCNVI) before November 5, 2014 for a chance to win some pampering at The Old House Village in Courtenay.

The prize includes one night in a deluxe one-bedroom suite and two Hydrotherapy treatments at the Oh Spa. Situated along the Courtenay River, The Old House Village is walking distance to downtown Courtenay and to many recreational activities.

This year, United Way is funding 48 programs across Central and Northern Vancouver Island that will improve the lives of over 16,500 children, teens, seniors, women, men and families. For instance, your donations support over 1,800 adults and seniors as they deal with caregiving and grieving when their loved one is at the end of life. When Ken lost his wife and companion of 70 years, he thought he had to be strong for everyone but he felt alone and had a constant emptiness in his heart. Free grief counselling funded by United Way validated Ken's right to grieve in ways that worked for him and reduced his anxiety.

Everyone who donates \$50 or more online from now until November 5 through the United Way website (www.uwcnavi.ca) and who leaves a name and contact information will be automatically entered for a chance to win the Hydrotherapy Stay and Spa at The Old House Village.

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United Way Central and Northern Vancouver Island (UWCNVI) has been at work for more than 56 years in our community. With the mission to improve lives and build community by engaging individuals and mobilizing collective action, UWCNVI has invested in 50 charities and 60 programs right here on central Vancouver Island.

For additional information, please contact:

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